

Patient Information Letter

Clinical Precision – Background

Dr Steve Landers obtained his training through Barwon Medical Imaging in Geelong with overseas fellowships at McMaster University in Canada and University Langone Medical Centre in New York, USA. He has played a crucial role in the expansion of the interventional radiology service at Barwon Health, specialising in micro-embolisation, vascular intervention, image-guided injections and clinical research.

Dr Steve Landers has recently opened up his own private rooms at St John of God Hospital with a hope to treat patients suffering from osteoarthritis, recalcitrant plantar fasciitis, bursitis, uterine fibroids, congestive pelvic syndrome and varicoceles through personalised and specialised pain relief treatments. To learn more about the services offered at Clinical Precision please refer to our website at www.clinicalprecision.com.

Initial Consultation

A GP or Specialist referral is required to see Dr Steve Landers.

MRI

FOR PATIENTS REQUIRING MICRO-EMBOLISATION

An MRI is required before the initial consultation so that Dr Landers can correlate the result of the MRI with what is happening clinically and to see areas of inflammation. Once we receive your referral, we will refer you to Lake Imaging to have your MRI completed. There is normally an out-of-pocket cost of \$195.00 associated with Lake Imaging.

CONSULTATION WITH RACHAEL HELY (PHYSIOTHERAPIST)

FOR PATIENTS REQUIRING MICRO-EMBOLISATION

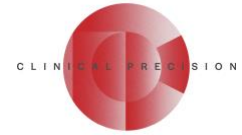
An initial consultation with Rachael will be scheduled once we receive the result of the MRI. We will have you complete a number of questionnaires before the consultation to assess your pain and ability to move about. Rachael will evaluate these questionnaires and perform a clinical assessment involving simple physical tests such as walking and standing from a chair.

CONSULTATION WITH DR STEVE LANDERS

FOR PATIENTS REQUIRING MICRO-EMBOLISATION

An initial consultation with Dr Landers will be arranged after you have seen Rachael. In this consultation, Dr Landers will correlate the result of the MRI with what is happening clinically and to see areas of inflammation and decide on the appropriate course of treatment.

For all other procedures, an initial consultation with Dr Landers will be arranged after we have received your GP or Specialist referral.



Procedure

During the procedure

The procedure normally takes about 45 minutes to an hour. You will be given light to moderate sedation prior to the procedure to help keep you relaxed. The process of the procedure will be explained to you in your initial consultation with Dr Steve Landers.

What to expect after the procedure?

Following the procedure, you will remain at the hospital for four hours under the observation of nursing staff to make sure that you remain comfortable and to manage any unexpected and unlikely complications. After four hours you will be assessed for your suitability to go home. Most people will go home, but dependent on your individual circumstances, you may stay in hospital overnight.

You will be provided with a *Patient Fact Sheet* relating to your specific procedure before you are discharged. This sheet will provide you with after-care information, and what to do if any unusual symptoms present.

Review Consultation/s

You will be required to return to Clinical Precision for follow up assessments at 6 weeks, 6 months and 12 months post procedure.

1. **6 weeks.** You will be reviewed by Rachael Hely to complete baseline questionnaires for clinical research purposes and perform physical tests to assess your pain and mobility.
2. **6 months.** You will be reviewed by Rachael Hely and Dr Steve Landers to assess your progress.
3. **12 months.** You will be reviewed by Dr Landers. You may have an MRI of your knee done to check that the bone is healthy.

Fee Schedule

There are private fees associated with seeing Dr Landers at Clinical Precision.

The following page provides a detailed fee schedule for privately insured and self-funded patients.

Initial Consultation

Payment is required in full at the time of the initial consultation. We are able to claim the Medicare rebates on your behalf. Clinical Precision has EFTPOS facilities available. We can accept cash only if the correct amount is given.

Procedure

Before the procedure you will be provided with a *Fee Estimate* which outlines the fees involved with the procedure. **Payment for the procedure is required 3 days prior.**



Self-funded patients

If you do not have private health insurance, you can elect to take out private health insurance and wait the nominated waiting period to undergo your procedure privately or you can elect to self-fund the procedure.

WorkCover and TAC patients

Dr Steve Landers treats both WorkCover and TAC patients. Please ensure you bring valid claim information to your appointment. If you do not have a claim number at the time of consultation, we require you to pay the account in full and request a reimbursement from the insurer/company directly. If you require a procedure, an *Acceptance of Liability* will need to be obtained in order to proceed.

PRIVATELY INSURED PATIENTS

*OOP = *Out-of-pocket cost*

Initial Consultation

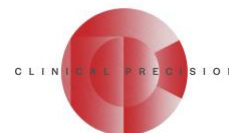
	Length	Total Fees	Medicare/Private Health	OOP
Initial consultation with Dr Steve Landers	30 minutes	\$280.00	\$76.15	\$203.85
Initial consultation with Rachael Hely (Physio)	45 minutes	\$130.00	You can check with your private health insurance regarding a possible rebate.	\$130.00 Can be lower depending on the rebate from your health insurance.

Procedure

	Length	Total Fees	Provider Benefit	KNOWN Gap (OOP)
Micro-Embolisation – Minimally invasive, day stay procedure.	45-60 minutes	\$3379.95	\$2979.95 – \$2879.95	\$400 – \$500

Review Consultation

	Length	Total Fees	Medicare/Private Health	OOP
Review consultation with Rachael Hely (Physio) @ 6 weeks post-procedure	45 minutes	\$130.00	You can check with your private health insurance regarding a possible rebate.	\$130.00 Can be lower depending on the rebate from your health insurance.
Review consultation with Rachael Hely (Physio) @ 6 months post procedure	45 minutes	\$130.00	You can check with your private health insurance regarding a possible rebate.	\$130.00 Can be lower depending on the rebate from your health insurance.
Review consultation with Dr Steve Landers @ 6 months post-procedure	30 minutes	\$180.00	\$38.25	\$141.75
Review consultation with Dr Steve Landers @ 12 months post-procedure	30 minutes	\$180.00	\$38.25	\$141.75



SELF FUNDED PATIENTS

*OOP = Out-of-pocket cost

Initial Consultation

	Length	Total Fees	Medicare	OOP
Initial consultation with Dr Steve Landers	30 minutes	\$280.00	\$76.15	\$203.85
Initial consultation with Rachael Hely (Physio)	45 minutes	\$130.00	N/A	\$130.00

Procedure

	Length	Total Fees	Medicare	OOP
Micro-Embolisation – Minimally invasive, day stay procedure.	45-60 minutes	\$3379.95	\$1869.70	\$1510.25

Review Consultation

	Length	Total Fees	Medicare	OOP
Review consultation with Rachael Hely (Physio) @ 6 weeks post-procedure	45 minutes	\$130.00	N/A	\$130.00
Review consultation with Rachael Hely (Physio) @ 6 months post procedure	45 minutes	\$130.00	N/A	\$130.00
Review consultation with Dr Steve Landers @ 6 months post-procedure	30 minutes	\$180.00	\$38.25	\$141.75
Review consultation with Dr Steve Landers @ 12 months post-procedure	30 minutes	\$180.00	\$38.25	\$141.75

Please be advised there are associated costs involved with St John of God Hospital (SJOG) directly for self-funded patients. These costs can total approximately \$4000.